

The Woman Men Adore:

Preview of the Book

THE WOMAN MEN  
ADORE...

AND NEVER WANT TO  
LEAVE

By Bob Grant, L.P.C.

Welcome to a preview for the e-book, “The Woman Men Adore...and Never Want to Leave.” This book is the product of over 16 years of working with both single and married women of all types. Rather than continuing to work with women one at a time; I wanted to share these insights with as many individuals has possible.

My clients have told me what works and what does not. While these insights have proven effective time after time, it is more than simply a book of insights. It is a manual to practice. In time, what you read can change your life. I know because every week I receive feedback from a client who tells me how different her life is and how surprised she is that these insights have been helpful. So sit back, relax and enjoy the first few pages of “The Woman Men Adore...and Never Want to Leave.’

## **A Message from Bob Grant:**

Have you ever looked at your relationships and wondered what was missing? Perhaps you are like many of my single clients and have an active social life. You date often and wonder why you can't seem to find that special someone. I also work with married women who have found their life partner but realize they are in a marriage where love seems to be lost. Well, I have great news for you. If you would like to enhance your dating life, get married or spark the fire within your marriage, this book was written for you.

During the past 16 years I have talked with thousands of women. Some of these are excellent in interacting with men. They seem to have certain characteristics that enable them to effortlessly cast a spell over the men in their life. From the outside it appears to be magic. In the following pages I will describe to you what it is they know and how you can act and think the same way as these women. Some suggestions will be very practical while others will be more abstract. Before you begin I have one request, as you begin applying these skills and insights to your life, please be patient. It is going to take some time for you to feel comfortable with implementing these new skills. In fact some of them will be totally different than what you have previously believed about men and relationships.

This book will present several PRINCIPLES which can apply to both single and married people, and which can be used separately or in conjunction with one another. In other words, you don't have to view the advice in this book as an "all-or-nothing" type of plan. Simply read what I have to say, and when you find a suggestion that seems to apply to your situation, try it.

Let me begin by stating something which will become very obvious as you read this book; this book is for women. The suggestions, insights and the changes to be made (at least at first) will need to be made by the women in the relationships.

This is by no means because I, as a man, believe that women are at fault for all relationship problems. Nor do I feel that it should be the responsibility of the woman to always “fix” the problems in a relationship. It’s just that in my years of practice as a therapist, I have noticed that women tend to be the ones who are primarily interested in the development and improvement of their relationships. It is far more common for me to see a woman in my office, asking for advice as to how she should handle a particular relationship issue, than to see a man, or even a couple. Women are simply more interested in the entire concept of relationship development.

Most men view the relationship as, “Fine,” until there is a blow up. In a relationship, the woman is typically the primary one who wants to improve, develop and constantly grow closer. She is continually seeking new ways to achieve this end, whether or not her chosen mate participates in her quest.

A man, on the other hand, often views a relationship as a race rather than as a journey. For the typical male, a relationship has a beginning and an end, and marriage is typically the end, or “finish line”. For men, the motto is, “just get me the girl, and I’ll take it from there.” Once marriage is achieved, your average Joe will sit back and relax, assuming that he has won the race, earned his keep, and achieved his goal. It will seldom, if ever, occur to him that he still has to work, or that he might be expected to continue growing. For him, the hard part is over, and it’s time to kick back and enjoy the fruits of his labor. Left to his own devices, the typical man will never initiate couples counseling, because the typical man rarely considers the need for it. Even if he does notice a NEED in the relationship, he will probably be unable (or unwilling) to recognize what that need might be.

Most of my clients are women but every once in awhile a man comes into my office for “relationship help”. When guys ask for help in relationships, they usually mean one of two things: either I end up talking to a single guy who wants to meet

someone (like joining a dating service), or I'm dealing with a husband/boyfriend who has made some poor (dumb) choices and needs to know the "magic words" that will make everything okay again. Yes, ladies, I've actually had male clients come to me for that very reason—not therapy or counseling (many don't realize that there can be deeper issues)—but some sort of catch phrase that will make a woman melt. If you've seen the movie Roxanne, you'll know exactly what I'm talking about. Believe it or not, that type of guy is far closer to the norm than you may think. The fact is, I find that women have a greater interest and ability to influence men than vice versa. My own clients back me in this belief, because more than half of my married clients are women who come to me alone.

So, before you read any further, please be aware. As the woman in the relationship, by following the ideas and suggestions in this book, you will be asked to initiate the changes in your relationship. Whether your goal is to "get out of a rut," to repair a broken relationship or to simply find someone to share your life with, you will find helpful advice in the following pages. After years of experience this book is the net result of one thing, doing what works. By improving yourself, you will be able to influence your mate or draw one into your life. This is about positive changes you can make in yourself that will ultimately result in positive changes in your relationship. These changes will lead to better communication, more intimacy, and a better understanding of why problems arise in the first place. That being said, let's begin!

## **HERE ARE SOME ADDITIONAL INSIGHTS**

If the man is the head, then the woman is the heart " Listening to Your Heart. " Your secret guide. " What you call your partner, they will become. " Why working harder isn't the answer. " Why men don't listen. " Men marry for one reason, SHE MAKES HIM FEEL GOOD. " Why men need to experience pain. " Why receiving is for women and giving is for men. " The stages of forgiveness. " What men crave the most and how to give it to them.

To order your copy now of "The Woman Men Adore...and Never Want to Leave" visit,

**<http://understanding-men.com>**

## **Next: Letters from Women who read this book**

"Thank you so much!!!! I really enjoyed reading your book. I have been separated for 7 months from a very angry man. We were married for 12 years. I really want to do it better this time. I was searching for answers on how to do it the right way and you have given me the answers in your book. I cannot tell you how much I appreciate you. Thank you, I cannot tell you that enough. I have just met someone and I am so excited to try out my new techniques. I plan to really read your book over and over until I have it deep inside me and do it right. I will let you know ... thanks again.... God Bless you..." –Yvonne

"I came across the information about your book when I was looking for something quite opposite, namely advices "how to end the relationship", because I did not know the other way to deal with the situation. After I read it first time I've realized that I'd finally found the gold key and have got back my peace which I once had a long time ago but lost somewhere. Like a good student I decided to act exactly the way you "teach"...Everything completely turned around after the first attempt! I feel satisfied and happy." –Lauren

"I must admit, it wasn't as easy as I had hoped it would be. My situation seemed hopeless, so I figured I had nothing to lose and boy am I glad I gave your book a try. It's kind of scary being vulnerable, but now I am seeing the results with my boyfriend that I never dreamed were possible." –Amanda

"I wanted to thank you for writing such an enlightening book. I've just finished reading it last night and have been using all of the methods. I feel so much more comfortable in my relationship now and am not constantly thinking of breaking up with him. I'm almost as relaxed as I was in the beginning." –Lisette

"I didn't believe that it was possible to change my man. Even though I was skeptical I decided to give it a try and am I ever glad I did. It happened just like you said it would." –Cathy

"I can't believe it happened just like you said. You told me not to give up and he just proposed last weekend! I knew something was up but this caught me completely by surprise!" - Robin

"I have told my friends that I know someone who is a "Miracle Worker." I tell them that I know someone who relates well to people. I wish I had read your book before I went through my divorce." -Tracy

"I read your book and for the first time ever I felt like I knew the answer! Understanding Men has never been so easy! It's like something inside me came alive." -Michelle

"Armed with your guidance and insight, this is all so much better and less painful than in the past. Thank you so much for what you wrote- it has boosted my confidence so much." -Julie

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